

Native Foods – Proteins & More!

Burger Patties

Native Foods' signature made-with plants burger patties. Juicy, thick 5oz patties made with 100% plant-based protein, pre-cooked. Just throw them on the grill or in the pan as they come, or marinate and season them to your liking. Keep refrigerated. Sold in packs of four 5oz patties. Non-GMO, contains soy and wheat. Use or freeze within 7 days after purchase.

Preparation: Heat 1 tsp cooking oil in a pan on medium heat for 1 minute. Add defrosted patties and cook for 5-6 minutes, turning once halfway through cooking. The burger patties are ready when golden brown on each side, and firm in the middle with an internal temperature of 165 degrees.

Chicken Patties

Our plant-based chicken patties make a quick and easy addition to sandwiches, bowls, and more! Or cut them into strips and add them to your favorite wrap! 100% plant-based protein, pre-cooked. Sold frozen in packs of four 4oz patties. Non-GMO, contains soy and wheat.

Preparation: Stovetop is best. Heat 1Tbsp cooking oil in a non-stick frying pan over medium/ high heat. Add frozen patties and cook for 5-6 minutes, turning once halfway through cooking. Cook until internal temperature reaches minimum of 165°F. The patties are ready when browned and crisp on both sides. Let rest for 1 minute and serve.

Chicken Strips

Our plant-based chicken strips make a quick and easy addition to your favorite salads, wraps, and bowls! 100% plant-based protein, pre-cooked. Sold frozen in 1lb packs. Non-GMO, contains soy and wheat.

Preparation: Stovetop is best. Heat 1Tbsp cooking oil in a non-stick frying pan over medium/ high heat. Add frozen strips and cook for 5-6 minutes, turning often. Cook until internal temperature reaches minimum of 165°F. The strips are ready when browned and crisp on all sides. Let rest for 1 minute and serve.

Sliced Seitan

Native Foods' signature seitan slices are lightly seasoned, pre-cooked, and super versatile! Marinate or season them to your liking, or just sauté them as they come! 100% plant-based protein that is great for burgers, sandwiches, or bowls! Keep refrigerated. Sold in 1lb packs. Non-GMO, contains soy and wheat. Use or freeze within 7 days after purchase.

Preparation: Heat and serve. Can be baked into your favorite recipes, or for best results pan fry for 2-3 minutes on each side over medium heat, with a small amount of cooking oil. If frozen, run package under cold water for 10 minutes or move to fridge 24 hours before cooking to thaw.

Meatballs

Add some plant-based meatballs to your pasta dishes, or create a delicious bowl or meatball sub at home! Pre-cooked, 100% plant-based protein. Keep refrigerated. Sold in 1lb packs. Non-GMO, contains soy and wheat. Use or freeze within 7 days after purchase.

Preparation:

Stovetop is best: Heat 1tsp cooking oil in a non-stick frying pan over medium heat. Add defrosted meatballs and ¼ cup of water or vegetable stock, cover with lid and let simmer over medium/ low heat for 5 minutes. Remove the lid, stir the meatballs, and let cook for an additional 4-5 minutes, or until meatballs are firm.

Conventional oven/ toaster oven: Preheat oven to 400°F. Bake defrosted meatballs on a non-stick baking sheet for 6-8 mins, stirring once halfway through baking. Meatballs are ready once browned and hot throughout.

Smoked Gouda

Hickory-smoked, Gouda-style plant-based slices by Follow Your Heart. Enjoy on a sandwich, or melt them on your burger or into your mac n cheese for gooey, cheesy perfection. Keep refrigerated. Sold in 7oz packs (10 slices). Non-GMO, soy-free, gluten-free, dairy-free. Best within 7 days after purchase.

American Cheese

Plant-based, American-cheese style slices by Follow Your Heart. Enjoy on a sandwich, or melt them on your burger or into your mac n cheese for gooey, cheesy perfection. Keep refrigerated. Sold in 7oz packs (10 slices). Non-GMO, soy-free, gluten-free, dairy-free. Best within 7 days after purchase.

Hamburger Buns

Build your own burgers at home! 100% whole wheat, plant-based hamburger buns, sold in sets of 4. Contains wheat. Best within 2 days after purchase.

Pretzel Buns

Take your burger to the next level with a plant-based pretzel bun! Sold in sets of 4. Contains soy (CA, OR only), and wheat. Best within 2 days after purchase.

Mayonnaise

Signature Native Foods, creamy, 100% plant-based mayo, a perfect addition to your sandwiches, salads, and more! Sold in 8oz containers. Contains soy. Keep refrigerated. Best within 5 days after purchase.

Creamy Chipotle Sauce

Add some kick to your meals with our signature creamy, plant-based chipotle sauce! Sold in 8oz containers. Contains soy. Keep refrigerated. Best within 5 days after purchase.

Ranch Dressing

Native Foods' signature, creamy ranch dressing, 100% plant-based and perfect on salads or as a dip! Contains soy. Keep refrigerated. Best within 5 days after purchase.